

Lutheran World Relief Health Kit Store List

- One hand towel, dark color recommended
- One washcloth, dark color recommended
- One bath-size bar (4 to 5 oz.) of soap, any brand, in its original wrapping
- One adult-size toothbrush in its original packaging
- One sturdy comb, remove packaging
- One metal nail file or nail clippers with file attached, remove packaging (do not substitute cardboard emery boards for the file)
- Six Band-Aids® (or similar brand), preferably 1/2" to 3/4"; secure together with a rubber band

Do not add other items, including toothpaste, or leave out any of the items listed. All items should be new and in good condition. Wrap smaller items in the washcloth; wrap washcloth and remaining items in the towel and tie securely with ribbons or yarn. Do not enclose the kit or any of its contents in plastic bags.

Thank you for your contribution!